



ALL STAR CHEER INFO PACKET 25-26

DIVISION II ALL STAR CHEER PROGRAM

Join The Tryout Band

- * Latest News
- * Calendar
- * Updates
- * Schedules
- * Tips & Tricks

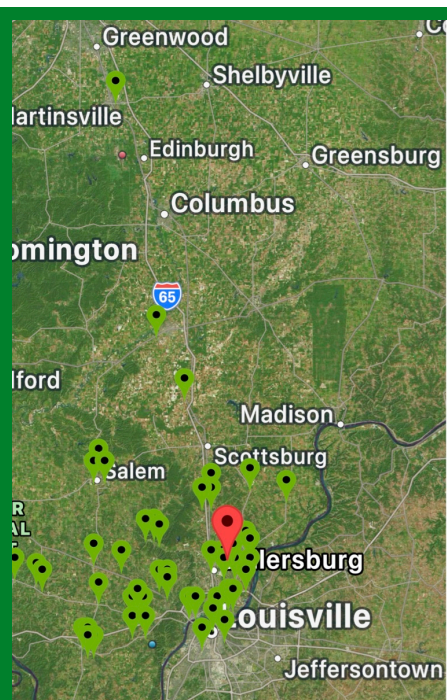


PRIDE AT EE

All our members are deeply valued in our EE culture. Teamwork matters. Our parents, staff, & athletes work together to create a unique All Star experience through EE PRIDE, a program designed to instill the importance of Perseverance, Respect, Investment, Determination, and Excellence within our gym.

WHAT SEPARATES US?

- **TIERED TEAMS:** a thoughtful place for every age & level
- **COMMUNITY:** like-minded people, connections, support
- **HISTORY:** consistent strong program results
 - consistent top 3 finishes at notable events
- **EXPERIENCE:** happy & engaged members, annual showcase experiences, custom apparel, schedules and policies created with athlete- and family-needs in mind



EE EVERYWHERE:

- Families travel as far as 90 minutes to train at Element Elite Tumbling and Cheer

OUR MEMBERS:

- are supported by the EE community
- are encouraged to set goals
- are given many opportunities to grow individual skills
- receive excellent sports conditioning and training
- learn incredible time management skills
- develop the courage to cope with disappointment
- find their strengths, both on and off the mat
- are taught valuable life lessons

OFFERING A “COMPLETE” ALL STAR CHEER EXPERIENCE





Helen-Noel Crawley OWNER and COACH

- A.A. Early Childhood Education
- began tumbling at the age of 5 which sparked a passion that quickly lead her to competitive cheer. Having cheered for several local and notable gyms and schools, she has also won over 8 National Titles and made a Worlds appearance in 2015.
- started coaching tumbling at the age of 15, has coached at SCMS, and was the manager of Indiana United. In 2014, she decided to devote her time in starting her own program and so began Element Elite!

Amy Rock PROGRAM DIRECTOR

CHOREOGRAPHER (SFX)
COACH

- B.A. Child Development and Family Life
- A.A. Child Care Administration
 - Minor Psychology
- Awarded Washington State Rising Star Coach Award
- Awarded SFX HIT ZERO Award for the 23-24 Season

MEET OUR COACHES



Kobi Gracie Savannah Sheridan Tertius Amanda Aaron



Tori Chloe U. Chloe P. Cara Ariel Lexi

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ALL STAR TEAM OPTIONS

TIERED TEAMS: A PLACE FOR EVERYONE. All Star Cheer is a team sport where athletes learn a routine with tumbling, stunting, pyramid, and dance elements. Your athlete will be placed on an ELITE Team -or- a PRE-ELITE Team.

ELITE Program	
USASF Elite	USASF Prep
Competition Team Evaluated by judges & ranked at highly competitive All Star Cheer Competitions	Competition Team _ Evaluated by judges _ Ranked among same age/level
Ages 6-18	Ages 5-16 (May add different age groups upon demand)
Previous Cheer Experience is Required (Rec, Exhibition, Prep, All Star, etc.)	No previous Cheer Experience Required
2-3 times/week 2 hour practices Additional practices + choreography sessions added as needed	1-2 practices /week 1.5-2 hour practices Additional practices + choreography sessions added as needed
Performances held at Element Elite and local/national venues	Performances held at EE and local/national venues

PRE-ELITE Program	
USASF Novice	USASF Prep
Competition Team _ Evaluated by judges _ No rankings	Competition Team _ Evaluated by judges _ Ranked among same age/level
Ages 5-8 (May add different age groups upon demand)	Ages 5-16 (May add different age groups upon demand)
No previous Cheer Experience Required	No previous Cheer Experience Required
1-2 practices /week 1-2 hour practices	1-2 practices /week 1.5-2 hour practices
Performances at EE and local/close travel venues	Performances at EE and local/close travel venues



View the title page of our 24/25 [Payment Plan](#) for our **ELITE+ Program Requirements**.

TRYOUT CLINICS

EE All Star Tryout Clinics will be scheduled for SPRING 2025. Athletes and families will be able to experience #EEPR11DE before Tryouts. Sessions will help athletes get accustomed to our facility, staff, & training methods.

Tryout Clinics will be separated by age & skill level. Make sure to join our [Tryout Band](#) to find out exact dates & sign up procedures.



TRYOUT SEASON

In May 2025, our staff will create teams by grouping athletes with similar ages, commitment, & ability levels. Teams will be further solidified and announced June 2025. These teams will be together for the duration of the competitive season.



TRYOUT PROCESS

Please read the entire info packet first. Questions will only be answered through e-mail eeatcallstars@gmail.com - Subject - "TRYOUT QUESTION". Each family has its unique sets of circumstances, and we will do our best to respond within a reasonable amount of time.



All athletes will receive their EE PRIDE Lanyard at their first practice after TEAM REVEALS

ELEMENT ELITE PRIDE

TRYOUT PROCESS

CONTINUED

1

Fill Out New Season Interest Form

[Click Here](#)

4

Attend Your Individual Tryout

Staff will evaluate individual Skills & Performance.

2

Attend OPEN HOUSE, Tryout Interest Clinics, and Meetings

Tryout Clinics, Open Gyms, Classes & designated "Practice Sessions" will be available to all potential athletes.

5

Attend Stunt Evaluations (May 2025)

These group sessions will help to solidify your Team Placement.

3

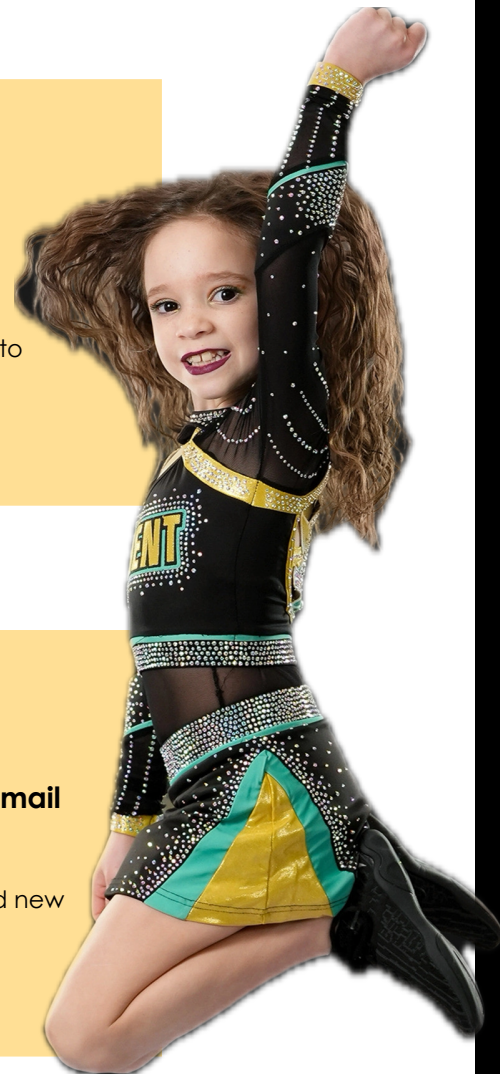
Register for Tryouts (April 2025)

Create or Sign Into Your "SE Motion" account [HERE](#). Select your Individual Tryout Date.

6

Receive Team Reveal E-mail (June 2025)

Celebrate the start of a brand new Season with your new team!



Dates for all these events will be communicated in our [TRYOUT BAND](#).

PARENT ASSOCIATION



BOOSTER CLUB: The Nickel Booster Club is a parent-run 501(c)3 organization benefiting the All Star Athletes of Element Elite Tumbling & Cheer. Through its fundraising, The Nickel Booster Club sponsors the Season Showcase, Trunk-or-Treat, and the End-of-Season Banquet. Any additional funds that are raised throughout the season are distributed back to athletes to help offset the costs of the cheer season. These fundraisers are separate from the individual fundraisers offered throughout the season. All families are automatically members of the booster club – there is no cost to join. All activities and fundraiser opportunities will be posted in the [EETC PROSHOP/ FUNDRAISING/ BOOSTER CLUB BAND](#). If you have any questions or would like to suggest a fundraising opportunity, please email us at nickelboostersclub@gmail.com

PAYMENT PLANS

ALL INCLUSIVE: Our monthly fees cover nearly everything your child will need for the season. This type of payment plan allows families to easily budget. Your monthly tuition will not increase or decrease in a given month based on more or less practice. Please make sure to view the Payment Plan that correlates with your program tier (ELITE+, ELITE, PRE-ELITE).

NOTE: When comparing programs, we encourage you to add up “extra fees.” Although some programs choose to charge “lower monthly rates,” our fees remain an exceptional value if not comparable to most competitive all star cheer experiences.

LAST YEAR - 2024-2025 Payment Plans: [Click here to view](#)

2025-2026 Payment Plans: Coming Soon!

PARENT AMBASSADORS

We are DEDICATED! Our Parent Ambassador group is made up of parents who have a passion for helping to create a positive and fun atmosphere for our athletes, parents and coaches. They work along side the coaches to help streamline communication, coordinate fun team bonding and events throughout the season, and collectively find ways to enhance the overall all star experience for all our families. This group is a vital part of our All Star Program and truly helps make a season GREAT! If you would be interested in participating in this program, please email EETCteamassist@gmail.com.

HIGH STANDARDS

We are PROUD! Element Elite Tumbling and Cheer is an industry leader. Please make sure you are able to follow our CODE of CONDUCT before registering.

[CLICK HERE](#) to view the Code of Conduct

IMPORTANT DATES

We are a TEAM! There is a direct correlation between attendance and competitive success. All practices, performances, & competitions are extremely important. Please plan ahead, and help us continue our tradition of success.

[CLICK HERE to view the Season 11 Calendar](#)



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ELEMENT ELITE TUMBLING AND CHEER

FREQUENTLY ASKED QUESTIONS



Q: Who will be training my child?

A: Element Elite offers a credentialed, USASF certified coaching staff made up of former cheer athletes who lived many cheer experiences themselves. The coaching staff spends countless hours on research and planning to ensure that Element Elite athletes are given proper instruction and a state-of-the-sport training regimen. The Element Elite staff is experienced working with cheer athletes of all ages. Staff collaboration ensures that our training is consistent across teams and throughout the season. Furthermore, many staff members also are/have been employed by others (music producers, choreographers, teachers, engineers, business, etc.) to give us a full realm of experiences & talents.

Q: What is your training style?

A: If we are all products of our environment, then it is important to understand the environment your family is entering when joining an all star cheer program. The Element Elite program follows the P.R.I.D.E. Program and teaches the core values of Perseverance, Respect, Investment, Determination, and Excellence throughout the season. It is our goal to create the space for our athletes to be given the opportunity to be brave without judgement or fear. We create an environment where our athletes can learn to cope with disappointment when necessary and continue on the path to their goals. We instill the idea of hard work through the understanding that hard work beats talent when talent doesn't work hard. We celebrate not only success but also the journey, and create a culture where hard work is not only necessary but FUN.

Q: When can I meet the staff?

A: We will offer two OPEN HOUSES along side our Interest Clinics and will hold a gym-wide meeting and staff meet-and-greet once teams are revealed. Please prepare your questions for this time.

Q: Where do you travel? How big of a commitment is this?

A: We have different travel schedules based on age and experience. You may select the Program Schedule (ELITE+ OR ELITE/PRE-ELITE) that works best for you and your family. If joining a competitive All Star Team, you will be required to travel outside of the Louisville, KY area. Please view the example Event Schedule from our previous season. Travel schedules for this season will be released in the summer.

Q: Is my kid ready to join? What can I do to prepare him/her?

A: We do our best to create pathways for all...young, old, new, experienced, etc. If you would like to prepare for Tryouts, please [join a class](#) or attend a [clinic](#).

STAY CONNECTED

FOLLOW US.

Tryout Hashtag: #EEPR!!DE



Facebook

[@ElementEliteTumblingandCheer](#)



Instagram

[@element.elite](#)



IMPORTANT APPS. Please download to your mobile device.



SportsEngine Motion:

Online payments



Band:

Communication from office & coaches.



**EE TRYOUTS
(25-26)**

[Join This Band](#)



EETC ALLSTARS

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**EETC Proshop
Fundraising
Booster Club**

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SEE YOU SOON



PRIDE

25-26 TRYOUTS

Element Elite Tumbling and Cheer



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